



**BARTON  
SURGERY**

**Newsletter Autumn 2021**

01626 888877

Opening hrs Mon—Fri 8.30am—6.30pm

Email: enquiries.bartondawlish2@nhs.net

**URGENT NOTICE**

**If you are experiencing symptoms such as chest pain or breathlessness, please dial 999 or attend the local A&E department**

**THINK 111 FIRST**

**We know it can be difficult to know what to do and how to get the best help and treatment when you or a loved one are feeling unwell or suffered and injury. But if it is not a life-threatening emergency please do call 111 or go to [www.111.nhs.uk](http://www.111.nhs.uk) first where you can get quick expert advice.**

**Contact Details**

Could we remind all patients to ensure that we have up to date contact details for you including your address and telephone numbers. This will make it easier for us to contact you.

**Recording of Calls**

Calls to and from the Surgery may be recorded for training and monitoring purposes

**SytemOnline**

Ask at the Surgery about registering for SystemOnline.

Once registered you can:

- ◆ Order/view your prescriptions.
- ◆ Send the Surgery messages.
- ◆ Add or change your contact details
- ◆ Request Access to your SystemOne Summary Record and/or detailed coded record

**Practice News**

We are delighted to announce that Dr Cowan has given birth to a beautiful baby girl.



During her maternity leave we have two locum GP's covering her patient list—Dr Jane Kostelnik and Dr Ian Deakin.

Many of you will already be aware that Dr Alborough has now retired. The Surgery has recruited a new GP, Dr Helen Rogers.

**FLU CAMPAIGN AND COVID 19 BOOSTER JABS**

Our flu campaign has commenced with two successful clinics being held on 18th September and 25th September. We vaccinated approximately 600 patients at each clinic. Clinics are running at the Surgery most Saturday mornings from now until the end of November. The Surgery will also be arranging vaccinations for Care Home residents and housebound patients.

COVID 19 Booster clinics are also starting. We will be running alternating clinics from The Pavillions in Teignmouth and Dawlish Community Hospital. Our first clinic is due to be held at Teignmouth Pavillions on Sunday 3 October.

**WE WOULD POLITELY ASK IF YOU COULD REFRAIN FROM CONTACTING THE SURGERY TO ENQUIRE ABOUT BOOKING INTO THESE CLINICS. PLEASE WAIT FOR US TO CONTACT YOU.**

## COVID 19 UPDATE

It is still possible to catch and spread COVID-19, even if you are fully vaccinated.

Anyone with COVID-19 symptoms or a positive test result should stay at home and self-isolate immediately.

If you have symptoms of COVID-19, you should arrange to take a PCR test as soon as possible, even if you've had one or more doses of a COVID-19 vaccine.

If you think you may have coronavirus you should call 119 initially.

## Comments, Compliments & Complaints

If you have any queries, comments, compliments or suggestions that you would like to share with us or even suggestions for topics to be included within the next newsletter, please direct these to our Practice Team Leader Amanda Dell

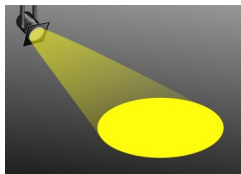
## The Warren Surgery

Primary care is the NHS' front door. The level of demand for GP services across the country shows no sign of abating. GP practices have seen a huge increase in demand since the pandemic.

Here at Barton Surgery we are working hard to meet the operational pressures whilst continuing to deal with isolation rules for NHS staff.

To support our ongoing challenges The Warren Surgery will be providing bespoke services. Our Pharmacy and Social Prescribing teams will be based there for part of the week from 4 October.

All other appointments will continue to be provided from the main site at Barton Surgery.



## A SPOTLIGHT ON SOCIAL PRESCRIBERS

We have a number of Social Prescribers who work across the Coastal Primary Care Network (PCN) covering all of the GP surgeries in Teignmouth and

Dawlish. So what is a social prescribing?

It's about improving patients health and wellbeing. by dealing with the issues that can't be solved by medicine alone.

Social prescribers can offer you:

- ◆ 1:1 support — conversations about your social, environment and emotional needs.
- ◆ Help you to feel empowered about making lifestyle changes and take responsibility for your health.
- ◆ Receive information on how to access tools that will help you adopt a healthier lifestyle and improve your health outcomes. This may include referring you to one of the PCN Dieticians
- ◆ Support you in finding available services for specific health conditions/needs.
- ◆ Create opportunities for you to engage in appropriate and beneficial community services.

## STUDIES HAVE SHOWN THAT PATIENTS WITH SOCIAL PRESCRIPTIONS GET BETTER AND FEEL BETTER THAN THOSE TREATED WITH MEDICINE ALONE

### PCN Prescribers

We have an expanding PCN Pharmacy team working for the Surgery. They can deal with any medication related queries.

Our team consists of 3 Pharmacists and 3 Pharmacy Technicians and are all registered with the General Pharmaceutical Council (GPhC).

Two of our Pharmacists work remotely from home, and one Pharmacist and our Pharmacy Technicians work on site.